

Physically, we are all very aware of our need to eat. Apart from physical nourishment, all of us would eventually die. What may surprise some is that we all need spiritual nourishment too. In the first of Jesus' seven "I am" statements, Jesus said, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst" (John 6:35). In Christ we find the only one who can truly satisfy the deepest longings and needs of our souls.

1. Connection Question – Describe the most delicious bread you've eaten or the most satisfying meal you've enjoyed?
2. Read aloud John 6:35-40.
 - What is the context of this passage? Who is the audience that Jesus is speaking to? Why was the crowd looking for Jesus?
 - When Jesus says, "I am the bread of life" what does He mean by this? What miracle is he connecting this statement to?
 - The crowd was concerned about their physical needs, yet Jesus put a greater emphasis on their spiritual needs. Being honest with your community group; are you lacking spiritual nourishment right now?
 - Read Isaiah 55:1-2. What does it practically mean to turn to Jesus for our spiritual needs and to have Him satisfy our souls?
3. Read John 6:41-48.
 - What is revealed about the hearts of those in the crowd? How did Jesus's response differ from what they were expecting?
 - Like the Jews, do you sometimes miss the message of what Jesus is trying to teach? How has the lens of your growing up, or the influence of today's culture, impacted the ways you view Jesus's teaching?
 - Jesus's teachings point towards eternal life. How often do you have eternal life in view, when dealing with life's circumstances?
4. Does this passage give you a clearer picture of the Gospel? Why or why not?

(Questions written by Lauren Parker)

NOTES:

Opportunities: Woodmen U Spring & Summer

Spring Woodmen U classes are starting soon & even some summer classes are ready for you to sign up for. There's a wide variety of classes like Jesus 101, Biblical Financial Freedom Blueprint, Apologetics for students, Seeing God through His Handiwork & Photography, Navigating the Art & Heart of Prayer, and more. Check out www.woodmenvalley.org/woodmenU